



Food Retailer Proposal

Summary

The aim of this session with the client in question is to use the power of Henry Fraser's story and the learnings from it to help the cohort build processes for resilience and adapting change.

It will be based around 3 of Henry's fundamental principles of 'Accept and Adapt', 'The Little Big Things', 'Control the Controllable's' and bringing these into the Food Retailer world.

We will draw the key learnings from Henry's keynote and the Q&A to show how they are applicable to any given situation... when applied in the right way. We will help the group create a strategy and a plan to build and implement the outcomes from the session.

Details

- Whole Day Session
- 8 people
- Speaker: Henry Fraser
- Facilitator: Will Fraser



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Itinerary

9.30- Arrive

10.00- Introduction to 100 & First and Henry Fraser

10.15- Henry Fraser Keynote

10.40- Q&A with Henry Fraser

11.00- Comfort Break

11.15- “Accept and Adapt” - Looking at the changing environment as a result of the the pandemic. What do we need to accept and how are we going to adapt?

12.30- Lunch

13.30- “The Little Big Things”- What are the little things that can be done that will lead to the big moments? (Processes, comms etc).

14.45- Comfort Break

15.00- “Control the Controllables”- Within the little big things and adapting to change, what are the things that are within our control? What are the things that are out of our control but we can influence? What is out of our control that could potentially steal out energy?

16.00- Wrap up and finish



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